



Student Study Toolkit: Tips, Tools, and Resources

Studying doesn't have to be overwhelming. This guide is designed to help you study smarter, not harder—with practical tips, proven strategies, and helpful apps and websites you can start using right away.

✓ **Top Study Tips for Success**

- Break your study time into chunks (Pomodoro Method: 25 minutes study, 5-minute break).
- Use active recall - quiz yourself instead of just re-reading notes.
- Teach the material to someone else (if you can explain it, you understand it).
- Make a study schedule and stick to it - consistency beats cramming.
- Study in a distraction-free zone - turn off notifications and music with lyrics.
- Use color-coded notes or highlighters to organize information visually.

Study Apps & Websites to Try

- Quizlet – Create and browse flashcards, play study games, and test yourself.
- Khan Academy – Free video lessons on everything from math to history.
- Grammarly – Write clearly and fix grammar mistakes in papers or emails.
- Forest – Stay focused by growing a virtual tree while you study (Pomodoro style).
- Google Calendar – Schedule your study sessions and assignment deadlines.
- Notion – All-in-one workspace to organize notes, assignments, and to-do lists.
- Chegg Study – Get homework help and access step-by-step solutions.

Tips for First-Gen & Underrepresented Students

- Don't be afraid to ask for help! Professors, tutors, and advisors want you to succeed.
- Find your community! Join cultural orgs, clubs, or peer mentoring groups.
- Use your school's writing center, academic support services, and career center.
- Celebrate small wins! Every quiz, paper, or class you finish is a step forward.